

# ALEX T. GRIGAS

CURRICULUM VITAE  
SYRACUSE UNIVERSITY  
ATGRIGAS@SYR.EDU

## ACADEMIC POSITIONS

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SYRACUSE UNIVERSITY, SYRACUSE NY | 2024 – PRESENT

- Postdoctoral Researcher, Physics Department
- Adviser: Professor M. Lisa Manning

## EDUCATION

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YALE UNIVERSITY, NEW HAVEN CT | 2018 - 2024

- Ph.D. in Computational Biology and Bioinformatics, with distinction
- Integrated Graduate Program in Physical and Engineering Biology
  - Training program in the application of physical and engineering approaches to the Life Sciences across length scales
- Thesis: “Investigating the connection between protein folding, polymer collapse and jamming”
- Thesis Adviser: Professor Corey S. O’Hern

PENNSYLVANIA STATE UNIVERSITY, UNIVERSITY PARK PA | 2014 - 2018

- B.S. in Biochemistry and Molecular Biology with Honors, *Magna cum laude*
- Honors Thesis: “Phospholipid Bilayer Formation on protocell models”
- Thesis Adviser: Professor Christine Keating
- B.A. in Philosophy of Mathematics and Science, *Summa cum laude*
- Minor in Chemistry

## PUBLICATIONS

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10. J. A. Logan, J. Sumner, A. T. Grigas, M. D. Shattuck, and C. S. O’Hern, “The effect of stereochemical constraints on the structural properties of folded proteins,” *Phys. Rev. E* **112** (2025)

9. A. T. Grigas, Z. Liu, J. A. Logan, M. D. Shattuck, and C. S. O’Hern, “Protein folding as a jamming transition,” *PRX Life* **3** (2025)

8. S. Viswanath, D. Bhaskar, D. R. Johnson, J. F. Rocha, E. Castro, J. D. Grady, A. T. Grigas, M. A. Perlmutter, C. S. O’Hern, and S. Krishnaswamy, “ProtSCAPE: Mapping the landscape of protein conformations in molecular dynamics,” *Molecular Machine Learning Conference* (2024)

7. A. T. Grigas, A. Fisher, M. D. Shattuck, and C. S. O’Hern, “Connecting polymer collapse and the onset of jamming,” *Phys. Rev. E* **109** (2024)

6. Z. Liu, A. T. Grigas, J. Sumner, E. Knab, C. M. Davis, and C. S. O’Hern, “Identifying the minimal set of distance restraints for FRET-assisted protein structural modeling,” *Protein Science* **33** (2024)

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## PUBLICATIONS

5. A. T. Grigas, Z. Liu, L. Regan, and C. S. O'Hern, "Core packing of well-defined x-ray and NMR structures is the same," *Protein Science* **31** (2022)
4. A. T. Grigas, Z. Mei, J. D. Treado, Z. A. Levine, L. Regan, and C. S. O'Hern, "Using physical features of protein core packing to distinguish real proteins from decoys," *Protein Science* **29** (2020)
3. Z. Mei, J. D. Treado, A. T. Grigas, Z. A. Levine, L. Regan, and C. S. O'Hern, "Analyses of protein cores reveal fundamental differences between solution and crystal structures," *Proteins: Structure, Function, Bioinformatics* **88** (2020)
2. F. P. Cakmak, A. T. Grigas, and C. D. Keating, "Lipid vesicle-coated complex coacervates," *Langmuir* **35** (2019)
1. K. Reiss, U. N. Morzan, A. T. Grigas, and V. S. Batista, "Water network dynamics next to the oxygen-evolving complex of photosystem II," *Inorganics* **7** (2019)

## MANUSCRIPTS IN PREPARATION

1. A. T. Grigas, R. S. Negi, E. Maniou, G. L. Galea, A. Michaut, A. Mongera, and M. Lisa Manning, "Sparse mesenchymal cell networks as a fluid under tension" *Under review Nature Physics* (2025) BioRxiv: 2025.12.07.692626
2. J. Sumner, N. Brandt, G. Meng, A. T. Grigas, A. Cordoba, M. D. Shattuck, and C. S. O'Hern, "Assessment of scoring functions for computational models of protein-protein interfaces," *Under review Phys. Rev. E* (2025) Arxiv: 2407.16580
3. A. T. Grigas, J. Sumner and C. S. O'Hern, "Residue burial encodes a protein's fold" *In preparation* (2026)

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## CONFERENCE PRESENTATIONS

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- Contributed Talk - March Meeting 2026 | American Physical Society
- Invited Mini-Symposium Talk – Society for Mathematical Biology 2025
- Contributed Talk - March Meeting 2025 | American Physical Society
- Contributed Talk - March Meeting 2024 | American Physical Society
- Graduate Student Poster - Protein Society Symposium 2023
- Graduate Student Talk - Yale Biophysics Symposium 2023
- Contributed Talk - March Meeting 2023 | American Physical Society
- Invited Talk - Computational Protein Design Network Meeting 2022
- Contributed Talk - March Meeting 2022 | American Physical Society
- Invited Talk - March Meeting 2021 | American Physical Society
- Contributed Talk - 3D-BioInfo 2020 | ELIXIR

## TEACHING

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### Manning Group Research Mentorship

- 2 high school interns Summer 2025

### O'Hern Group Research Mentorship

- 6 Graduate students
- 2 Postbaccalaureate students
- 5 Yale undergraduate students
- 6 Summer undergraduate students
- 4 High school students

### Yale University Teaching Assistant | Avg. 4.4 / 5 on student evaluations

- ENAS 991 / MB&B 591 / MCDB 591 / PHYS 991- Integrated Workshop  
-Fall 2020, Fall 2021
- ENAS 130 - Introduction to Computing for Engineers and Scientists  
-Spring 2021
- MENG 383 - Mechanical Engineering III: Dynamics  
-Summer 2021
- PHYS 523 / PHYS 341 / MB&B 523 / CB&B 523 / ENAS 541 - Biological  
Physics  
-Spring 2022

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## AWARDS AND HONORS

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- 1<sup>st</sup> place 5-minute thesis competition | U. S. National Committee for Theoretical and Applied Mechanics | 2024
- Finn Wold and *Protein Science* Young Investigator Travel Award | 2023
- Protein Society Graduate Student Poster Award | 2023
- Paul Axt Prize – Penn State Schreyer’s Honors College | 2018
- Biochemistry and Molecular Biology Outstanding Student | 2018
- Philosophy Department Student Marshal | 2018
- Rodney A. Erickson Discovery Grant | 2017
- The Dotterer Award – Penn State Department of Philosophy | 2016
- Meredith M. Gee Scholarship in Science | 2016

## PROFESSIONAL SOCIETIES

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- American Physical Society
- Protein Society
- Biophysical Society